



— What is the Food Education Center? —

The Food Education Center™ (FEC) is a digital hub of 200+ customizable lessons and resources, accessible for educators, parents, and students anytime, free of charge. The FEC was launched in 2018 by Pilot Light to reach students and teachers where they are, making it as simple as possible to bring Food Education into the classroom and home. Access the FEC here:

[FOOD EDUCATION CENTER](#)

— The Food Education Center™ Impact —

The FEC features over 200 easy-to-access lesson plans designed for all grade levels that can be integrated across multiple subjects and adapted by teachers to best fit their unique classroom, with new resources added every month. These regularly updated resources, lessons, and videos show kids how food connects them to the world around them, utilizing lessons and activities around cooking, food advertisements and marketing, food insecurity, climate impacts, nutritious eating, and more.

At the heart of everything available on the FEC are Pilot Light's Food Education Standards, which were developed for educators, by educators – with the help of a multidisciplinary team of experts including school administrators, chefs, farmers, medical experts, and psychologists.

Beyond just learning at school, Pilot Light's materials can be accessed by educators asynchronously and includes resources designed specifically for students to bring home to their families. Things like recipes within lesson plans give kids the chance to cook and learn at home, bringing the Food Education Standards into their very own kitchens and grounding them in students' lives.

— Key Stats —

The Food Education Center™:

- Offers over **200 free lesson plans**
- Reaches over **2,500 users and countless students**
- Includes activities and resources for the **classroom and at home**

“Pilot Light introduced me to seeing how Food Education can be used in all content areas. Also, how to let kids be their own agent of their food choices when possible. The lesson bank online has such a treasure chest of knowledge and resources that can connect to any subject matter.”

— Pilot Light Teacher